### wake up

kitchen hours

mon-sun 6:30am-3pm

coffee hours

mon-sun 6:30am-5pm

### Entrees

#### keto kielbasa skillet

3 eggs any style, texas made kielbasa, mct avocado tomato bacon salad 12.00

#### be all you can be bagel

2 eggs, smoked salmon, red onions, capers, dill, toasted everything bagel, fresh fruit 10.00

#### croissant sandwich

2 eggs, choice of cheese, fresh fruit 7.00 add protein 1.00 add veggies .50

#### biscuit breakfast sandwich

scrambled eggs, hickory smoked ham, provolone, dijon mustard and fresh fruit 10.00

#### cast iron griddle cakes

with choice of meat or fruit small 10.00 large 12.00

#### french toast

two pieces of thick sliced kraftsmen challah bread with a choice of meat or fruit 12.00

#### traditional breakfast

2 eggs your way, fried potatoes, toast, choice of meat or fresh fruit 9.00

#### quiche 5.25

**southwest:** bacon, cheddar, jalapenos, sundried tomatoes

veggie: spinach, zucchini, mozzarella

ham and cheese: smoked ham, swiss cheese

#### acai smoothie bowl

mixed berries and granola 9.00

#### yogurt parfait

mixed berries and granola 7.00

#### organic steel cut oatmeal

maple cream and mixed berries 7.00

### Breakfast Tacos 3.50

#### no, 1

bacon, potatoes, cheddar

#### no, 2

sausage, cheddar

#### no. 3

spinach, turkey, provolone

#### no. 4

briskets, onion, cheddar

#### no. S

avocado, spinach, tomatoes

#### build your own

choice of 3 ingredients \$3.50 each additional .50 / add avocado 1.00

**meat:** ham, bacon, sausage, turkey, chorizo, brisket

**veggies:** tomatoes, spinach, potatoes, red onions, roasted red peppers, mushrooms

**cheese:** swiss, cheddar, provolone, brie, queso fresco

### Sides

#### kraftsmen toast

biologique, rustic ciabatta, jewish rye, sourdough 2.00

#### side of breakfast meat 3.00

corned beef breakfast sausage thick cut bacon ham smoked turkey

### seasoned hand cut

fried potatoes 3.00

add single griddle cake 5.00 add single french toast 5.00 add two eggs your way 3.50 fresh fruit 3.00

## Omeletes

with your choice of 2 sides: meat or fresh fruit & potatoes or toast

#### build your own

choice of 3 ingredients, each additional .75, add avocado 1.00

**meat:** ham, bacon, sausage, turkey, chorizo, brisket

**veggies:** tomatoes, spinach, potatoes, red onions, roasted red peppers, mushrooms

**cheese:** swiss, cheddar, provolone, brie, queso fresco

#### skinny greek

egg whites, feta, spinach, kalamata olives, tomatoes 12.00

#### go west omelet

ham, bell peppers, spinach, avocado 13.00

#### la mexicana

chorizo, queso fresco, onions, cilantro, tomatoes 13.00

#### the woodsman

caramelized red onions, spinach, mushrooms, gruyere cheese, truffle oil 13.00



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# Sandwiches Quiche 5.25

#### jive turkey

in-house mesquite smoked turkey, provolone, avocado, caramelized onions, chipotle mayonnaise, toasted rustic ciabatta 11.00

#### croque madame

ham, swiss cheese, bechamel, fried egg, sourdough bread 12.00

#### rueben

corned beef, sauerkraut, melted swiss, russian dressing, on jewish rye 11.00

#### heartland chicken sandwich

chicken salad, mixed greens, provolone, on sliced brioche 10.00

#### kraftsmen balt

bacon, avocado, romaine lettuce, tomatoes, cheddar cheese, avocado dressing on toasted sourdough 10.00

#### veggie

avocado, roasted red bell peppers, onions, lettuce, tomatoes, mixed greens, provolone, with hummus on rustic ciabatta 9.00

Soup of the Day

ask at the counter

cup 4.00 bowl 6.00

#### lunch combo

choose 2 items from list below, 10.00

#### half sandwich

cold sandwiches, reuben, jive turkey cup of soup quiche side garden salad side caesar salad

#### southwest

bacon, cheddar, jalapenos, sundried tomatoes

#### veggie

spinach, zucchini, mozzarella ham and cheese: smoked ham, swiss cheese

all dressings are made from scratch

#### add:

grilled chicken from naked truth 4.25

#### caesar

hearts of romaine, capers, parmesan reggiano, grissini, anchovy 10.00

#### cobb salad

shredded romaine, butter lettuce, bacon, avocado, boiled egg, gorgonzola, celery, parmesan dressing 12.00

#### spinach salad

baby spinach, red onion, tomato, bacon, avocado, boiled egg, and balsamic vinaigrette 10.00

#### dried apple and toasted walnut salad

spring mix, dried fuji apple, toasted walnuts, cranberries, feta cheese, cranberry walnut croutons, balsamic vinaigrette 12.00

#### roasted beet salad

roasted red and golden beets, goat cheese, mixed greens, sherry vinaigrette, white truffle oil 12.00

#### cucumber capresse salad

cucumbers, tomatoes, mozzarella pearls, grilled radicchio, butter lettuce, rosemary croutons, balsamic and oil 12.00



side garden salad or caesar 4.50

bring in your own bottle of bubbly and enjoy with a carafe of fresh squeezed orange juice 9.00

glass fee 1.00

